

**SIP OF MDTEA EPISODE 5.06**

# **DIABETES**

## **IN OLDER ADULTS**

**SELF MONITORING: CHECK MANUAL  
DEXTERITY / VISION / COGNITION**

**HBA1C LEVELS LOW IN FRAILTY:  
REVIEW NEED FOR MEDICATIONS &  
TARGET HBA1C**

**HARMS OF TREATMENT MAY  
OUTWEIGH BENEFITS OVER 75 &  
WITH FRAILTY**

**TREATMENT BALANCE: RISK OF  
HYPOGLYCAEMIA VS INFECTIONS WITH  
POOR HYPERGLYCAEMIA**

**CONSIDER FREQUENCY OF INSULIN  
REGIMEN WITH CARE ARRANGEMENTS  
IF UNABLE TO SELF ADMINISTER**



**MDTea**  
Podcast

The MDTea podcast provides Education on Ageing for all healthcare professionals working with older adults.

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