

SEX

IN OLDER AGE

Sex is part of Maslow's hierarchy of needs - maintaining sexual intimacy is important to wellbeing

59% of over 50s are sexually active: of those, at least 69% at least once a week or month

Highest prevalence of HIV is in the over 55s (since 2008)

Single older adults report using condoms rarely or not at all 50% men, 29% women

Specifically in dementia consider

- Maintaining relationships
- Capacity to consent
- Effect of chronic diseases
- Continence
- Mobility
- Medications

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