

# DEFINING AGEING

chronological

physical

social marginality

cognitive

There are biological and psychological, but also chronological and social theories of ageing

A SIP OF MDTEA EPISODE 3.6

## IDENTITY

ATTITUDES OF CARE  
STAFF ARE IMPORTANT

The concept of identity is central to interactions with older adults

People may not see themselves as older

## LABELS

like 'FRAIL'

can have negative connotations

Many people **living with frailty** do not identify as frail

