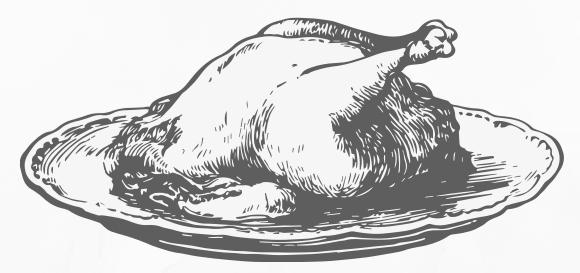
A SIP OF MDTEA EPISODE 2.08



Nutrition

- 1. Recognise hunger and remember it
- 2. Working multi-sensory processes: smells, sight
 - 3. See and identify food on plate
- 4. Dexterity to use cutlery & lift food to mouth
 5. Intact Executive function
 - 6. Salivation, dentition & chewing intact
 - 7. Able to coordinate swallowing safely
 - 8. Taste and enjoy social and emotional experience of food
- 9. Ability of body to digest & absorb nutrients
- 10. Access to food: mobility, financial, others choosing meals
 - 11. Must be adequate to meet energy needs to maintain good health
- 12. Malnutrition leads to impaired immunity and physical function



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